

# #62 – Astrology Forecast for 2025: Mars, Aries, and New Beginnings with Colleen Dixon

**Donna Ferris:** [00:00:00] Welcome to Bounce Back Stronger, the podcast that explores ways to find peace and purpose after difficulty I'm your host Donna Ferris, and today we have one of my favorite podcasters and a repeat guest Colleen Dixon with us.

A little bit about Colleen.

Colleen, also known as Cosmocolleen, is the host of *The Weekly Awakening* astrology podcast, where she not only deciphers the cosmic forecast, but provides relatable and humorous parenting advice and life wisdom, a combo that makes her podcast a must-listen for me, and it should be for you.

And I can't wait to get her take on what we can expect in the coming year. So I'm going to bring her right in. Colleen, thank you so much for joining us on *Bounce Back Stronger*. I'm so happy to have you on the podcast.

**Colleen Dixon:** Thank you, Donna. I'm so happy to have you. That was a very nice introduction, and I love how you broke down my podcast.

I was like, "Oh, I should describe it like that. Do I describe it like that?" So that was very nice. Thank you. And I'm happy to be [00:01:00] back. And given what the forecast of what we can expect in 2025, I can't believe we're in 2025.

**Donna Ferris:** I think that's a good start. I'm still really struggling. I know everybody says it, but I'm really struggling with it being January and then also having to add the five on the end.

It's just really, really odd.

**Colleen Dixon:** And this is the coldest January we have had in years. Right. And we have been kind of spoiled here. I feel the last three years we've had like one or two days of cold and it's now like three weeks of almost below 30 temperatures. So we're all feeling a little bit blah.

**Donna Ferris:** And snow, we haven't had snow and so I can't take my dog poor little Jake for those of you that listen regularly Poor little Jake cannot go outside because between the salt on the roads and just the cold. He's a short haired dog he's not getting his walks in I'm getting my walks in but he's not so

**Colleen Dixon:** Oh, that's sad.

Well, soon the spring will be sprung again.

**Donna Ferris:** Let's hope for it. All right. Well, let's just jump right in here. [00:02:00] How would you describe the astrological themes and influences for 2025? And are there any significant transits and or alignments we should be aware of? And just know this will probably air in February at this point.

So just kind of keep that in mind. That's probably the timing.

**Colleen Dixon:** Okay. Sounds good. Well, there's a lot happening this year. A lot of big trends happening this year. And I was thinking about when you ask that question, what is the theme kind of the year? And this is a very strong Mars energy year.

That means this is a strong action taking year. And sometimes it might be a little bit too much action. It's going to be fast action. It's not going to be soft action. It's just going to be like, Okay. finally getting my butt in gear type of action. However, the second half of the year, we kind of go backwards back to almost the fall of 2024 transits, all these planets ingress into new signs and a lot of fire energy fire signs, and then they revert back into [00:03:00] water signs.

So, there's much-needed slow down or pause of whatever we get started in the beginning of the year, and whatever comes up, and then we'll all come full circle in January 2026. But again, like I said, this year is a very, very strong, intense year. So I'm going to read you some of the transits. Okay.

**Donna Ferris:** Maybe take, maybe take a second on Mars.

Not everybody's going to know astrology. Like you do.

**Colleen Dixon:** Totally. It's good to stop me and, give that reference. So Mars, the male aggressive planet, the God of war it's a malefic planet by nature. Now that doesn't mean it's all bad, but by nature it brings a very intense energy that can be hard and there is good things that come with it, but it's first nature is often [00:04:00] war, to say the least.

And that's one of the things we can have except we have benefic positive planets and we have malefic harder planets that that's their first nature. So with Mars, there tends to be aggression, war, fighting, fast-talking, fast action, intensity, impulsivity cutting, Severing ending, but let's remind everyone that's the good side that Aries begins the zodiac calendar.

So there is a lot of rebuilding within that. And there's a lot of, like I said, fast action. So new things coming. This is a really great year for really new beginnings. I know we like to say that in January every year, but sometimes it's just not new beginnings. It's recycling the old things like that. But this is actually year of new beginnings and new ideas launching. But now let's go to the harder side of Mars.

I feel like we're all sort of beginning this year with Mars [00:05:00] retrograding. It started out in Leo, the fire sign, and then it retrograded back into Cancer, and it will be there till the end of February. So that's the first thing. And I feel like this right now, it can be a little boohoo, Mars is debilitated, does not work well in the moon sign of Cancer.

So there's a lot of us looking into our emotions and really seeing where is the detriment? Where is the shadow? Where is that hard stuff in us that has been holding us back? That's been. stifling us or stopping at us or where certain aggressive energy and how do we need to take care of that?

And even looking inside more aggressively as well within ourselves, but in general, there can be some boo hoo. There can be hurt feelings, sensitivities, family wounds coming up. There's a lot. So at first, we're beginning a little sad. And I had talked about on my podcast last week, we have to clear the [00:06:00] emotional energy we've been holding on to, which Mars and Cancer is also doing at the beginning of this year. Like severing, ending emotional things that maybe we've kept in us, but now they're building up with Mars in Cancer.

So before we go into that new beginning right now, we're like shedding this emotional energy so we can open up energetically for all of the new beginnings. Very exciting, but

**Donna Ferris:** Tough,

**Colleen Dixon:** But a tough period. Tough. Mars teaches us how to be a soldier, how to go into war. And now we're sort of going to war a little bit with our emotions, going to war a little bit with our egos, right?

We have this in Leo, and then it will station direct to move back into Leo. So a little bit of war within ourselves and the good parts of ourselves will hopefully win that war and allow us to be free to start up new energy this year

**Donna Ferris:** And maybe take one moment. One of the things I'm [00:07:00] starting to kind of learn astrology this, shadow side of ourselves So this dual aspect of everyone is an important part of astrology, isn't it?

I think sometimes we don't think of it that way that we don't embrace the shadow side. Can you just take a minute on that? I just think it might be helpful.

**Colleen Dixon:** Yeah. We can absolutely take a minute So the shadow side, I don't know if whether it's all my Mercury placements.

But I enjoy really going inward. I like to see my darkness. I know my flaws, at least all the ones I'm conscious of right now. And I'm sure there'll be many more throughout my life that I'll learn about. And I find that journey very exciting and energetic. And some people don't like to go there because we all have it.

Our inner selves, our inner shadow selves, where we're a multitude of energy. We aren't just one energy. You know, humans are very complex as the spirit and the consciousness is within us. And we are multiple energies that are shadow self. When we're [00:08:00] kids, it usually is developed. I mean, sometimes it's just there, and we'll talk about that in astrology.

We'll look at the placements and like, sometimes I like know certain shadows I've had for a very long time since I couldn't even remember. So it's something that is inherently in me, but it grows over time. And I feel like in our twenties, thirties, and then again, it continues and it never stops.

We start to get awareness into that. Like, oh, there's a voice telling me to do this. There's a voice telling me like, yeah, go ahead. You can do that. It's okay. If you shake things up and it's really not good. There's also a voice that's an inner critic. That's also a shadow side tearing us down.

There's all these little voices. And I think a lot of times people stuff it away, stuff it away. And we're going around 90 percent or 95 percent subconscious, right? But the shadow is within that subconscious and until you make it conscious. You're acting out in certain ways. Now our shadow never leaves us.

So it's about understanding it. Progress, not [00:09:00] perfection. Like the shadow sides of us we are embarrassed about. We don't like it sometimes.

Maybe it didn't act in the best interest of ourselves and others. And each time that happens, we grow through that, again, progress, not perfection, because I think our journey here in life is to spend forever evolving.

Like who I was at 19 was not a very good shadow. Like it's embarrassing some of the things at that point my shadow self did and then through work through growth throughout evolution, my shadow self now has much more of a moral compass, you could say, but it still comes up and it's still other parts of me.

It's not just like doing the right thing. It's other parts of my mind that like want to tear you a down , addiction is a part of my shadow self, right? And that's one that's always blatant. It's always sort of showing up and so I hopefully gave you a long roundabout answer.[00:10:00]

**Donna Ferris:** No, it's good. I liked the idea of it as I was studying it because I think it's easy for us to get down on ourselves for not being perfect or having those shadow sides and those aspects. It's important to embrace them and that doesn't mean that you double down on them, but you embrace them, that they are part of you, that that is something that you have to accept and that you obviously work on so that it's not driving the car, but it's okay to have it in the car. I think is important to say.

**Colleen Dixon:** I like that. I love how you put that. Yes, it is.

**Donna Ferris:** Yeah. And we can learn a lot from that. I think, and how we react in situations with that side of us can teach us a lot about what we need to work on.

**Colleen Dixon:** And I will say my shadow self is often, I feel like in cahoots or holding hands with my inner child. A lot of times the thing that happens when I really like, Oh, who was that that showed up in the moment? Oh, it's little Colleen.

**Donna Ferris:** Yeah, for me, little broken Donna. That little four-year-old shows up.

And it was an interesting I had a conversation with Sharon Salzberg, [00:11:00] actually. One of the first things she said to me about how I was feeling about things that are going on now - she said well it's really good to remember that you're not a child anymore and the things that happened to you that made you react the way that you are, are gone, right?

You're not still reliving them, and I think it's really important as we look at our shadow sides to go. That's what that is. It's trying to protect us, but we don't need that anymore. To that extent, like we did when we were four

**Colleen Dixon:** Love that.

**Donna Ferris:** Well, maybe we move on to what can we expect in terms of personal growth, reinvention, healing. Are there any placements, besides Mars that will help us feel this energy more intensely?

**Colleen Dixon:** Yes, before I answer that question, I just want to go over real quick what transits are happening.

**Donna Ferris:** Oh, yeah, that's great idea.

**Colleen Dixon:** So like I said, we began the year with a Mars retrograde in the sign of Leo. Retrograding back into Cancer where it currently is right now. So right there, we're going to talk about this [00:12:00] Mars, Aries energy. This is all this year, all this Aries energy.

We're going to have a Mercury retrograde in Aries that begins on March 15th and it will retrograde back into Pisces. Then Venus will retrograde in Aries and then move back into Pisces. We actually have three retrogrades this year, all in fire signs. Two of them though, go back to water signs.

And then we have the final eclipse in Aries on March 29th, a solar eclipse, and that will really finish up the eclipses in any last, endings in Aries. Then Neptune moves into Aries on March 30th. Saturn moves into Aries on May 21st, my birthday, and then they'll be there for a couple months. And then in this fall, they will both retrograde back into Pisces.

Within that time, Saturn and Neptune, it won't be conjunct exactly until February, but basically they're going to be conjunct that entire time. There's only one degree off. So that's why I'm saying there's a lot of this fast stuff [00:13:00] starting this year after this March retrograde, and then in the fall, we kind of revert back to this water.

I feel like that's going to just get us in touch with ourselves again. One last time, something we need to come together a full circle with emotionally with whatever takes off pretty fast. So there's a lot of bang this year and then. We have Uranus moving in June, moving into Gemini and then again in the fall, it retrogrades back into Taurus.

So you see what I'm saying? There's a lot of beginning energy and then a little bit of a slowdown and reverting back for whatever reason we will find,

**Donna Ferris:** It sounds like we'll need a break.

**Colleen Dixon:** I think so. To be honest with you, that's what's been coming with me. Like whatever it is in the world as well in your personal life, it's will really pick up fast.

There's a lot of action that we are going to start really feeling come March. Wow. March well into August, there's going to be a lot of action for all of us and, and a lot of good things with that. There's going to be new [00:14:00] businesses and new ideas and fast moving within people's lives and new romances.

**Donna Ferris:** That's a question that we want to get to the, the romances. So let's talk a little bit about relationships.

**Colleen Dixon:** As we know, last week, the nodes moved into Pisces, the North node, and wherever the North node is, the South node is automatically opposite of, at the degree and everything.

If you're looking online at a birth chart or some sort of astrological chart, then you'll just see the node in one place. Because wherever the North node is, the South node will be exactly opposite at that same degree. For those of you who don't know.

So the nodes move in, which begins the eclipse season. That's going to really be taking off in the fall of this year, but a lot of stuff that's happening in Pisces in the spring, a lot of romance. So this year, the two biggest romance players are going to be Virgo Rising and Pisces Rising because this is happening in your house.

These eclipses, which will now be happening for the next 18 months, are happening in both of your [00:15:00] houses. of marriage, the 7th. It doesn't just mean marriage. That's what we always called it. But now it's the house of partnerships, the reflection of another; this is going to be a time where a big relationship, if you're in one, can end or transform in some way, and a new one can begin, or you going to see the droppings of a new one beginning.

Those are going to be the biggest, placements for that. Big year. Pisces have a big year and they've been since Saturn has been in Pisces. And that's also to add

to that in general, my mutable signs are going to have a big year as well this year with all the Pisces and all the mutable rising.

So that's Gemini, Virgo, Sagittarius and Pisces. The eclipse seasons will begin in your big houses, right? The 1st, the 4th, the 7th, and the 12th, your angular houses. So there's going to be a lot of shifts with career. Like you had said, life path, life purposes, home, your [00:16:00] friendships, but more like those really tight friendships.

Your ideas and within yourself and who you are now and maybe even some aesthetic changes. The biggest people I think this year having a lot of the big years are going to be your cardinal placements, especially Aries, and your mutable placements are going to have the biggest year. Where I feel like the last couple of years it's been a lot of fixed energy.

It's been a lot of Scorpio, Leo, Aquarius, now we're like sort of shifting away and having a lot of mutable signs being affected. I'm definitely ready. And I know a lot of people with mutable energy are ready for Saturn to move out. It's time to get into Aries.

We're over it in Pisces. It does it again, it retrogrades the second half of the year for about three months back in, but then it's gone for 30 years. So it has been a lot of for the mutable signs the last two years.

**Donna Ferris:** Yeah, I mean, I'm a Virgo, so I get it. I do get [00:17:00] it. What about career advancement? Where do you see that showing up?

**Colleen Dixon:** So Sagittarius and Gemini, that is going to be where it's playing out in your house of career, especially in that both of those placements are going to have the big shifts in career, as well as like life changes, life story changes, plot line changes.

And I think Aries will as well, especially Aries suns. Yeah, there's so much going on in Aries. There's a lot happening in Aries, especially Aries suns. And when we look at our career, when we look at our life plot, when we look at the chapters of our life, we go to the sun. And so Aries suns are going to have a ton of stuff happening, a ton of stuff beginning.

And in a more serious way, I feel like for my Aries who are beginning things and my Aries placements, you're going to have that structure from Saturn, which is going to be nice. Like, it's time to get your shit together, get serious, get [00:18:00] serious.



**Donna Ferris:** So what about Global shifts or things on the world stage that will offer anything. You hit a little bit of that on Mars in the Mars discussion up front, but is there anything that we should be aware of?

**Colleen Dixon:** There's a lot happening in the world and I wish I could give a better prediction here because I think we want all to say it's sunshine. The world's going to go back to normal. Everything is great, but no. We're in a clash of worlds in a, in a lot of different ways. The reason why this is interesting, you said there's going to be more worldly connections is because the outer planets, just like what happened with COVID when a slow-moving outer planet changes signs, it sort of disrupts.

And so there was the end at the end degree of Pluto back when COVID happened, was that, the 29th degree conjunct Jupiter and there was, we saw COVID, we saw everything kind of blast off and [00:19:00] then we've watched Pluto go back and forth between Capricorn and Aquarius. And so there's a lot of shifts happening.

So we have all the outer planets in this last year made major shifts, which means the world energy is in a big, big change. So I will give you my report, but don't shoot the messenger. I hate this because some people are like, I want everything positive. But unfortunately, that is not the world we have created right now. That is not it. Whatsoever. And you got Pluto now in Aquarius for good. All right, this year you have Uranus moving in to Gemini and then you have Neptune, right? These all planets have been there. Neptune has been there since 2011 and Uranus since 2018. And those two signs, you have Neptune moving into Aries.

So there is a lot of big global shifts. I'm going to start with the bad. And then, I'll go with the good. Some of the innovations, because the biggest [00:20:00] thing is going to be is with Aries is war. Now I'm not saying we're going to World War Three.

That's not what I'm saying. I actually have think there's going to be multiple kinds of wars and not just necessarily your definition of a traditional war. Now one of the great things about astrology is that we have an ephemeris, which goes back 10, 000 years where what sign every planet was in. And so we know the history of the outer planets over the last, 300 years, we know all of that.

So I'm going to read you some history. So the last few times Uranus was in Gemini was in 1941 to 1945, the World War II. Then in 1861 and 1865, the US Civil War, that was when it was in there, and then also Uranus and Gemini in

1774 and 1782, the American Revolutionary War, the last time Neptune was an Aries was when we began the Civil War in 1861 to [00:21:00] 1875.

And then as well as Pluto and Aquarius was around the revolutionary wartime too, and a lot of wartime. So right away, unfortunately, doesn't mean that World War III is happening, but we see a war amongst so many things already. So with Pluto and Aquarius, it's almost very futuristic wars.

Like we saw the CEO get murdered right by someone randomly. I think we're again, I don't think people are gonna go out there shooting. I hope not, though. It is a violent world now, but I think we're going to see more of like people going to war with the billionaires, the millionaires people now are in a state where they don't care anymore.

They don't fear anything. The poor, the Democrat, the Republicans, I think all of these things that we have created, mostly a lot of it has really happens in social media and a lot of ways to, you know, all of these separate groups we are now created, we're no longer [00:22:00] connected, and COVID spread us even more apart in so many different ways that I think there's just going to be all these different levels of of war within everyone. That's what I see. Now, the good thing is Pluto and Aquarius is always going to be leveling out if you know any Aquarius and I think this might be you a little bit too you have Aquarius moon.

Is that they always kind of root for the underdog, right? Like there's something about them wanting fairness. They want equality. They want all rights for everybody. And they also like the difference. So the more different, the more they're protective of certain things.

So I think there's going to be over time a shift where we become more connected. You see people now not idolizing Hollywood. I think that's going to continue to crumble. For so long we valued people with money, you know, the [00:23:00] Kardashians blew up. I think Pluto moving into Aquarius, and a lot of Aquarius is are very minimalist. They don't actually really need a ton, are going to be very like, we don't want that, like, we're not worshiping that anymore.

You can't pull the wool over our eyes as we're seeing Neptune now. We're at the end of Pisces; we're all like, wait, the truth is coming out over the last 15 years. The truth of everything is starting to come out. So I think when Neptune is in Aries, a lot of raw truths will come out that were already there, and that's what will start some wars.

Like how dare the healthcare system rob us, or how dare the millionaires lie to us.

**Donna Ferris:** It's scary how much the astrology is confirming a lot of things that I fear. It's just frightening.

**Colleen Dixon:** Well, here's some good [00:24:00] things. Like we have talked about ahead of time - a lot of us have reached our mental max on social media. And not that that's ever going away, but I think we're now going to start valuing in-person relationships. Again, I think we're becoming less and less of a social media culture, especially as they've controlled us.

And you have algorithms and you have things like that. And we're all kind of like, what is this? It's bullshit. And again, you know, a lot of times we watch people for what they have online. So as we move away, from that and be minimalist, we're going to go back to deeper connections now. And I know that was one of your questions with the connections, though.

There is going to be other weird worldly connections that grow. So there's going to be these people, maybe you'll find more communes, more festivals. I know now they're opening bookshops where like, there's no wifi. So I think you're going to find a large group of people wanting to disconnect. Disconnecting from the news, disconnecting from social media and getting back to the world.

So that's going to be a really [00:25:00] positive, beautiful shift. But I think people who go online and stay online, it's going to get even weirder. You know what I mean? Like, it's already weird online. People who spend 24 hours online are the majority, and that's where they search for their connections.

I think that's going to get kind of weirder. I think you're going to see these two advances. I think you're going to get see people getting weirder online with like virtual reality connections and then people going back to like 1996 for connections again. So that I'm looking forward to.

With Uranus moving into Gemini, there definitely will be some erratic, maybe mental health crisis that you're going to see. However, there are surprising advances in mental health because we go to the mind when we go to Gemini, and it's happening in Gemini. Now, Uranus is traditionally a malefic planet, but it can bring advances.

It can bring [00:26:00] some good things. So I think there will be a lot of growth. I also think there's going to be a lot more acceptance around mental

health. Same with Pluto and Aquarius. I think there's going to be more acceptance, more understanding, more treatments, more ideas of how we work.

I just think that's going to boom. I think that we're going to see money and a lot of things go into mental health. Yes. I do think that's going to be a positive. I also think people are going to be working harder again, not that I think we need to slow down, but I think sometimes there's been this generational shift of also just being lost. And with Neptune moving, out of Pisces into Aries, I think there's going to be a little less generations that are lost and more “I'm ready to take on initiatives.”

And we're going to be building new allies with other countries. And some might surprise us who we build allies with, and we are going to see a lot more truce in America that will lead to freedom down the road. [00:27:00] So my thing is, if you're worried about the future, join the collective that gets offline, gets off the news, seeks out internal connections, tries to find people that do that, and builds the collective in that way.

**Donna Ferris:** Very well said. I love that idea. I am a person who actually bought an iPad so that I could be off social media and put my book on there. I can put my Netflix on there or whatever and not look at social media or other things at all. Yeah, because it's just really tough now.

It's hard for me to be off of it because of the podcast, really. But yeah, and I do have some people that I really like to connect with there.

**Colleen Dixon:** It's hard. Like what does our hand do when we have a free thought, a free moment? Oh, let me just scroll on Facebook. Oh, [00:28:00] let me just check Instagram. And even if it's for five minutes or three minutes, you're still doing that. How many times a day? And I hate that that's my first reaction.

And I try to pause to be like, no Colleen, sit and look around the room. What'd you do before? Don't just scroll because all that stuff just opens up a whole new vessel in our head. We're going to see a lot more work with psychologists, psychiatrists, the government realizing like, whoa, we've all let computers control us.

**Donna Ferris:** Yeah, and it goes back to the minimalist idea. Like the simplicity is better, so many people have so much trouble and I do too, you know, being silent and not having anything to do.

If you think of our ancestors, they had tons of time to not do things. So they did creative things, or they hung out with their families and played games and things like that. And we've lost a lot of that because of the phones, because of technology. [00:29:00] And I love technology.

Don't get me wrong. But the person to blame is myself, right? I'm not managing it the way I need to manage it for my health and safety.

**Colleen Dixon:** Well, you know what got me really thinking, too, is raising kids in this world. Yes. They have iPads. They don't have phones yet, but they do have an iPad.

And even just taking that away. And then I'm trying to tell them, slow your brain down, slow your brain down, read, meditate. I'm always like, I don't let them do anything in the car. We just listen to music and look out the windows. I try to do that. And then I'm like, wait, like. I'm doing that. And I do have more positives than they do naturally, but I'm still like, what's my brain next?

What's my brain next? And I'm like a wandering head. I grew up in the country, just sitting there and staring for hours. I would lie in the grass, and my brain would be like, what's next? And we've built a world where everyone is so overwhelmed. In COVID, we saw a thousand people can contact you at any given time.

Twelve years ago, it would be through email or fax. There wasn't contact all the time. And I think everyone is just boom, boom, boom. We're all exhausted, but really, because of social media, I think number one.

**Donna Ferris:** Yeah. And if you think about it, I'm glad that I can reach my kids, but remember, our parents couldn't reach us easily.

You didn't necessarily have a phone, and you certainly didn't have an iPhone. So, yeah, it's really interesting. And we got along fine.

**Colleen Dixon:** You know what I think is a thing is tracking. I don't track anyone and I don't want to be tracked.

**Donna Ferris:** No, I don't even track anybody on trackers. My daughter tracks me.

**Colleen Dixon:** Well, that's the funny thing. These younger generations are all tracking each other. Like, so all my girl clients that I have that are young,

they're all telling me like, and there's drama there. They're like, "Oh, well, so and so I saw that she was at my [00:31:00] friend's house, and she didn't tell me. And she's this. And then she didn't let me see her location." I'm like, all this drama. Cause now all these high school kids are all tracking each other. If you have 50 friends, 50 people know where you are at all. I don't want that.

**Donna Ferris:** No.

**Colleen Dixon:** No. Stop.

**Donna Ferris:** No, it has to stop. That's scary. That's scary

Well, I'm looking at the time because I know you have to go. What did I miss? What should I have asked, or what do you want to share about this upcoming year, which is astrologically pretty much exactly how I thought this year was going to go?

So that's pretty fun.

**Colleen Dixon:** Well, I will finish up with the retro grades, which kind of ties into the energy of starting new with all this Aries energy. All the Mercury retrogrades are beginning in fire signs. We have the first one beginning in Aries. And then it retrogrades back into Pisces. And then we have a retrograde in Leo, but that stays the whole time in Leo. And then [00:32:00] at the end of the year, we have a retrograde that begins in Sagittarius, the fire sign, and retrogrades back into Scorpio.

So Mercury is the planet of our communicator, our writer, our thinker, our doer. It is the mind. It is how you get your mind into shape and do things. So this is going to be where the power comes from within whatever we rebuild, whether it's a new creative idea, a new job title at work, a new job, or actually doing something with your spirit and getting your spirit going. Whatever it is this is where we are going to actually find the structure.

Now, mutable energy, right? Mercury, a very mutable sign, the ruler of Virgo and Gemini is always moving. It's always thinking. So traditionally, in a lot of Mercury retrogrades, Mercury is teaching you how to be mutable.

That's why [00:33:00] when all the mishaps and annoyances happen, they almost always work out afterward. But in that moment, it's teaching us, "Hey, you need to be flexible here. Hey, you need to change your mindset here. Hey,

this isn't so bad if you change your thinking.” Changing your thinking, being more flexible, that's traditionally what that is teaching us.

Now, it is teaching us that however, I feel it's teaching us sometimes we can be maybe a little too mutable and a little too flexible. That we're wandering around and not really knowing how to take these steps. So this is going to teach us to bring structure into that flexibility to get the results we want.

And so, while it's in fire signs, there's a lot of that taking action. Taking action and then reverting back into the water sign is where our creativity is, especially that [00:34:00] internal move into intuition, creativity, the mental creating - intuitive creating.

That's where it's going to teach us how to get something done with an idea with a relationship with a conversation and how to run with it. That's going to be the real place where all this work really plays out for us and where we get the right mindsets to continue building what we're going to be building this year.

**Donna Ferris:** Very good. Very good. Well, I'll leave it there. Thank you so much. It's always good to be with you.

**Colleen Dixon:** Thank you. Thank you.

**Donna Ferris:** So that's all for today.

If you want to learn more about Colleen's podcast or want to speak with her to get an astrology reading, those links will be in the show notes. Thank you so much for listening. I hope this episode was helpful. If it was, please subscribe, drop a review, or share it with your friends and family.

That's the best way to get it in the hands of those who may benefit. And if my daughters, Sienna and Sylvie, are listening, [00:35:00] I want you to know how proud I am of you. And I love you so, so much. Bye now!